

Erik Erikson's Stages of Development

	Age		Crisis to Overcome	Virtue to be Attained	Description	Freudian Equivalent
Stage 1	0-1		Trust vs Mistrust	Hope	At this stage babies learn to trust that their parents will meet their basic needs. If a child's basic needs aren't properly met at this age, he or she might grow up with a general mistrust of the world.	Oral
Stage 2	2-3		Autonomy vs Shame & Doubt	Will	As toddlers, children begin to develop independence and start to learn that they can do some things on their own (such as going to the toilet). If a child is not encouraged properly at this age, he or she might develop shame and doubt about their abilities.	Anal
Stage 3	4-6		Initiative vs Guilt	Purpose	As preschoolers, children continue to develop more independence and start to do things of their own initiative. If a child is not able to take initiative and succeed at appropriate tasks, he or she might develop guilt over their needs and desires.	Phallic
Stage 4	7-12		Industry vs Inferiority	Competence	Throughout their school years, children continue to develop self-confidence through learning new things. If they are not encouraged and praised properly at this age, they may develop an inferiority complex.	Latent
Stage 5	13-19		Identity vs Role Confusion	Fidelity	When they reach the teenage years, children start to care about how they look to others. They start forming their own identity by experimenting with who they are. If a teenager is unable to properly develop an identity at this age, his or her role confusion will probably continue on into adulthood.	Genital
Stage 6	20-34		Intimacy vs Isolation	Love	During early adulthood most people fall in love, get married and start building their own family. If a person is unable to develop intimacy with others at this age (whether through marriage or close friendships), they will probably develop feelings of isolation.	
Stage 7	35-64		Generativity vs Stagnation	Care	This is the longest period of a human's life. It is the stage in which people are usually working and contributing to society in some way and perhaps raising their children. If a person does not find proper ways to be productive during this period, they will probably develop feelings of stagnation.	
Stage 8	65+		Integrity vs Despair	Wisdom	As senior citizens, people tend to look back on their lives and think about what they have or have not accomplished. If a person has led a productive life, they will develop a feeling of integrity. If not, they might fall into despair.	

© 2012, UsefulCharts.com. This chart may be photocopied and distributed in print form without limit so long as it is given free of charge. However, posting an electronic copy (e.g. - PDF, JPEG, etc.) on a public website is prohibited. Images used under license from Shutterstock.com.

Find more great charts at www.usefulcharts.com